



Chicken of the Woods is another locally harvested mushroom. It is hard to miss with its vibrant orange and yellow shelves fanning out on tree trunks. These mushrooms get their name quite simply; the taste and texture are very reminiscent of chicken. The texture is dense and firm, and they are wonderful in soups, stir-fries, marinades and in place of chicken in vegetarian “chicken” salad. These mushrooms have to be harvested while very young and fresh or they will be tough and inedible. **Our Minnesota harvesting season is approximately July through October.**